



New to Yoga?

Welcome to Yoga West, get started now!

*First Class is \$10, second class is free!**

Free class MUST be used within a week of first class, no exceptions.

Welcome to Yoga West! We invite you to explore our little oasis in West Houston. Yoga West is an open and friendly environment.

Our classes are taught by nurturing, talented and well trained instructors who provide a variety of specialties and backgrounds. We cater to new students by providing detailed instruction of the practice.

Get started on your path and gain confidence in your practice by looking at our schedule of classes. Find a time and class type that suits your schedule and experience, and be about 10 minutes early to class. That is all you need to do to get started on your journey!

Bring this coupon to your first class, and please be 10 minutes early. New students can borrow a mat for the first week.

**Excludes workshops and other special events.*

New students only. Limited time offer.